# 4 Functions of the body

## A Eating

You're hungry, You're in a restaurant and the waiter brings your food. You smell it. It stimulates your appetite – you want to eat. Your mouth waters, filling with saliva.

You take a bite of the food. It tastes good and you chew it and swallow it. You eat more, but then suddenly you taste something unpleasant. You feel nauseous. You rush to the toilet, and get there just in time before vomiting all the food you've eaten. Something has disagreed with you.

### B The five senses

In addition to smell and taste, the senses include sight (or vision), hearing, and touch (also called sensation or feeling). To ask about the senses, doctors use the questions:

What is your sight hearing sense of smell sense of taste normal?

To ask about the sense of touch, doctors talk about numbness (loss of sensation):

Have you noticed any numbness (in your fingers or toes)?

#### Other functions

Function	Verb	Noun
speaking	speak	speech
walking	walk	gait
breathing respiration	inhale / breathe in / take a breath in exhale / breathe out	breath
urination micturition	urinate micturate pass urine / pass water	urine
defecation	defecate pass faeces / pass stools	faeces stools
menstruation	menstruate have a period	(menstrual) period (monthly) period

When taking a history, doctors can ask:

Do you have any	trouble difficulty problems	walking? breathing? passing urine? with your speech?
	pain	when you breathe in?

When auscultating a patient's lungs, the doctor tells the patient:

Take a deep breath in, hold your breath, then breathe out completely.

## Less common functions

There are some things we do less often. When we are hot, we sweat. When we are nervous, we shake. When we are sad, we cry.

Doctors can ask:

Do you	sweat	more than usual?	Y
	shake		5

.1	Match the symptoms (1-5) to the questions (a-e), using your medical knowledge.				
	1 dysuria 2 dysphagia 3 diplopia 4 dysphasia 5 dyspnoea	<ul> <li>a What is your breathing like?</li> <li>b Do you have any pain when you pass water?</li> <li>c Do you have any difficulty with your speech?</li> <li>d Do you have any trouble swallowing?</li> <li>e Is your vision normal?</li> </ul>			
.2	Patients are descri	ibing symptoms of the conditions shown in brackets. Complete the t C and D opposite to help you.			
.3	2 I'm having diffi 3 I have a lot of I 4 I've been 5 I've noticed tha 6 I have trouble _	in both feet. (peripheral neuropathy) iculty			
	When I eat solid food, I have to(bite/chew) it for a long time before I can(swallow/eat) it.				
	2 Do you have	e any pain when you (pass/have) stools?			
		kilos in the last few weeks.			
	4 When did yo	ou last (have/pass) a period?			
	The garden of smell has	is full of flowers, but my (sense/sensation) disappeared and I can't enjoy the perfume.			
	6 Take a deep	(breathe/breath) in.			